Claims

- 1. A cleansing, antibacterial, blood flow stimulating, vasodialating, exfoliating foot treatment composition including
- (a) 30% to 95% by weight water;
- 5 (b) a film forming composition;
 - (c) an exfoliating composition;
 - (d) a bacteriacidal composition;
 - (e) a blood flow stimulating composition; and,
 - (f) a vasodialating composition.

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- 2. A foot treatment method comprising the steps of
- (a) providing a foot treatment composition including
 - (i) 30% to 95% by weight water;
 - (ii) an exfoliating composition;
- 15 (iii) a bacteriacidal composition;
 - (iv) a blood flow stimulating composition;
 - (v) a vasodialating composition, and
 - (vi) a film forming composition;
 - (b) applying a layer of said foot treament composition to a patient's foot;
- 20 (c) allowing said layer of said composition to dry for a selected period of time; and,
 - (d) rubbing said dried layer to remove dead skin cells.